



FOR IMMEDIATE RELEASE

Event: Tech Break Time – Technology luncheon, ENCORE Presentation –

Topic: Spam, Fighting Back!

Event date: Tuesday, February 17th, 2004 12:00pm to 1:00pm

Location: Days Inn, Timmins

(Also, please post this information on your **community calendar**.)

Contact: Crystal St-Jean, Assistant Project Manager–NEOnet Phone: 705-360-1353 ext.4

Spam for Lunch

Timmins, ON – February 2004 – Due to the overwhelming response of their last month's Tech Break Time Topic on SPAM, NEOnet is doing it again. This luncheon is for those who have been frustrated with the amount of unsolicited email (spam) you receive on a daily basis and would like to hear some great tips on reducing the amount received. Most companies today are overwhelmed with unsolicited emails taking up employees' valuable time. NEOnet's luncheon will show you some tips on how to reduce the amount of spam in your inbox. If you are interested then you should attend NEOnet's technology luncheon on **Tuesday, February 17th, 2004. NEOnet will be featuring NorthernTel's Manager of IS/IT, Marc Durocher.**

Admission is free, and a buffet lunch is available at a cost of \$8.00 plus taxes. The event will run from 12:00 p.m. until 1:00 p.m. at Days Inn, Gallery 2 Dining Room.

For more information on *Tech Break Time* or to register for this month's event, contact Crystal St-Jean at 705.360.1353 ext.4 or cstjean@neonet.on.ca.